

February 2020

Washington Township High Schools



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Available Daily:

Assorted Hoagies, Assorted Wraps, Assorted Salads, Chicken Filet Sandwich
Assorted fresh fruits and vegetables available daily



Lunch Price: \$3.75 Paid, \$.40 Reduced

Fitness Tip: Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

This institution is an equal opportunity provider

Monday

Meatball Sandwich **3**
Green Beans
Apple Sauce
Milk Choice

Tuesday

Egg McMuffin Sandwich **4**
with Sausage
Hash Brown
Peaches
Milk Choice

Wednesday

Italian Sampler with Sauce **5**
(Mozzarella Sticks & Bread
Ravioli)
Carrots
Mixed Fruit
Milk Choice

Thursday

Chicken Fajitas **6**
Onions and Peppers
Black Beans and Rice
Strawberries
Milk Choice

Friday

Assorted Pizza **7**
Romaine Salad
Pears
Milk Choice

Oven Roasted Chicken with **10**
Dinner Roll
Potato Wedges
Peaches
Milk Choice

Grilled Cheese **11**
Tomato Soup
Mixed Fruit
Milk Choice

Cheesy Breadsticks with **12**
Marinara Sauce
Green Beans
Blueberries
Milk Choice

Hot Ham and Cheese on a **13**
Pretzel Bun
Baked Beans
Apple Sauce
Milk Choice

Assorted Pizza **14**
Spinach
Pears
Milk Choice

OFF **17**

Stuffed Shells with Sauce **18**
and Dinner Roll
Green Beans
Peaches
Milk Choice

Cavatappi with 3 Cheese **19**
Sauce
Carrots
Strawberries
Milk Choice

Roast Turkey with Gravy and **20**
Dinner Roll
Sweet Potato Fries
Pears
Milk Choice

Assorted Pizza **21**
Broccoli
Apple Sauce
Milk Choice

Calzone **24**
Peas
Mixed Fruit
Milk Choice

Cheesesteak **25**
Peppers and Onions
French Fries
Apple Sauce
Milk Choice

Quesadilla Pizza **26**
Peas
Peaches
Milk Choice

Tacos **27**
Black Beans and Rice
Pears
Milk Choice

Assorted Pizza **28**
Romaine Salad
Blueberries
Milk Choice

One less thing to remember:
PAYSCHOOLS CENTRAL can be set
to automatically refill students
accounts when they run low:

www.payschoolscentral.com

